

## Laura Elizabeth Sockol

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### ACADEMIC APPOINTMENTS

**Davidson College, Psychology Department** 2015 - Present  
**Assistant Professor**

*Courses:* Abnormal Psychology; Research Methods in Clinical Psychology (with lab); Advanced Seminar in Clinical Psychology: Gender & Psychopathology; Senior Capstone: Issues in Psychology

*July Experience Program:* In Pursuit of Happiness: The New Science of Positive Psychology

**Williams College, Department of Psychology** 2013 - 2015  
**Visiting Assistant Professor**

*Courses:* Introduction to Psychology; Psychological Disorders; Gender & Psychopathology (with lab); Senior Seminar in Psychology: Perspectives on Psychological Issues

**University of Pennsylvania** 2009 - 2012  
**Instructor**

*Courses:* Introduction to Experimental Psychology; Abnormal Psychology; Critical Writing Seminar: Happiness; Positive Psychology (pre-freshman program), Special Topics in Abnormal Psychology: Gender & Psychopathology

### EDUCATION

**Doctor of Philosophy, Clinical Psychology** August 2013  
University of Pennsylvania

**Predocutorial Internship in Clinical Psychology, Adult Track** June 2013  
Alpert Medical School of Brown University

**Master of Arts, Psychology** May 2008  
University of Pennsylvania

**Bachelor of Arts, *summa cum laude*, Honors in Psychology** May 2007  
Bryn Mawr College

## PUBLICATIONS

**Peer-Reviewed Manuscripts** \* Denotes undergraduate co-author.

- Sockol, L. E.** (2018). A systematic review and meta-analysis of interpersonal psychotherapy for perinatal women. *Journal of Affective Disorders, 232*, 316-328.
- Sockol, L. E.** & Allred, K. M. (2018). Correlates of symptoms of depression and anxiety among expectant and new fathers. *Psychology of Men & Masculinity, 19*(3), 362-372.
- Bronfman, G.,\* Ladd-Luthringshauser, H.,\* Goodman, L. R.,\* & **Sockol, L. E.** (2016). Predictors of breakup distress among residential college students. *College Student Affairs Journal, 34*(3), 3-12.
- Sockol, L. E.** & Battle, C. L. (2015). Maternal attitudes, depression and anxiety in pregnant and postpartum multiparous women. *Archives of Women's Mental Health, 18*(4), 585-593.
- Sockol, L. E.** (2015). A systematic review of the efficacy of cognitive behavioral therapy for treating and preventing perinatal depression. *Journal of Affective Disorders, 177*, 7-21.
- Sockol, L. E.,** Battle, C. L., Howard, M., & Davis, T. (2014). Correlates of impaired bonding in a partial hospital program for perinatal women. *Archives of Women's Mental Health, 17*, 465-469.
- Sockol, L. E.,** Epperson, C. N., & Barber, J. P. (2014). The relationship between maternal attitudes and symptoms of depression and anxiety among pregnant and postpartum first-time mothers. *Archives of Women's Mental Health, 17*, 199-212.
- Sockol, L. E.,** Epperson, C. N., & Barber, J. P. (2013). Preventing postpartum depression: A meta-analytic review. *Clinical Psychology Review, 33*, 1205-1217.
- Kim, D. R., **Sockol, L. E.,** Sammel, M., Kelly, C., Moseley, M., & Epperson C. N. (2013). Elevated risk of adverse obstetric outcomes in pregnant women with depression. *Archives of Women's Mental Health, 16*, 475-482.
- Sockol, L.E.,** Epperson, C. N., & Barber, J. P. (2011). A meta-analysis of treatments for perinatal depression. *Clinical Psychology Review, 31*, 839-849.
- Kim, D. R., **Sockol, L.,** Barber, J. P., Moseley, M., Lamprou, L., O'Reardon, J. P., & Epperson, C. N. (2011). A survey of patient acceptability of repetitive Transcranial Magnetic Stimulation (TMS) during pregnancy. *Journal of Affective Disorders, 129*, 385-390.

## Book Chapters

- Sockol, L. E.** (2017). Postpartum depression. In K. Nadal (Ed.), *The SAGE Encyclopedia of Psychology & Gender* (pp. 1321-1324). Thousand Oaks, CA: SAGE Publications.
- Hallion, L. S., **Sockol, L. E.,** & Wilhelm, S. (2015). Obsessive-compulsive disorder. In D. J. Stein & B. Vythilingum (Eds.), *Anxiety Disorders and Gender* (pp. 69-87). New York: Springer.

**Submitted Manuscripts & Book Chapters** \* Denotes undergraduate co-author.

Kopp, S. J.,\* **Sockol, L. E.**, & Multhaup, K. S. (Revise & resubmit). Age-related differences in flashbulb memories: A meta-analysis. *Psychology and Aging*.

Peck, T. C., **Sockol, L. E.**, & Hancock, S. M.\* (Under review). Mind the gap: The underrepresentation of female participants and authors in virtual reality research. Manuscript submitted to the *IEEE Virtual Reality Conference*.

**Sockol, L. E.** (Revision submitted). Perinatal and postnatal depression. In G. Todd & R. Branch (Eds.), *Evidence-Based Treatment for Anxiety Disorders and Depression: A Cognitive Behavior Therapy Compendium*. New York: Cambridge University Press.

**Manuscripts in Preparation** \* Denotes undergraduate co-author.

Little, K. K.\* & **Sockol, L. E.** (In preparation). Relationships among parental divorce, adult attachment style, and relationship satisfaction among first-time parents.

**Sockol, L. E.**, Ellison, W. D., Stutts, L. A., & Knouse, L. E. (In preparation). Improving quantitative abilities and attitudes in clinical psychology courses: Longitudinal assessment of a blended learning intervention.

Pallotto, I. K.,\* **Sockol, L. E.**, & Stutts, L. A. (In preparation). I can't get no (body) satisfaction: Sociocultural pressures associated with disordered eating and body satisfaction in female athletes.

**Other Publications** \* Denotes undergraduate co-author.

**Sockol, L. E.**, McGinn, L. K., & Newman, M. G. (2016). Women in ABCT: Where did we come from? Where are we now? And where do we go from here? *The Behavior Therapist*, 39(2), 37-45.

**Sockol, L. E.** & Girouard, M.\* (2014). Women's participation in the Association for Behavioral & Cognitive Therapies. *ABCT Women's SIG: Official Newsletter of the ABCT Women's Issues in Behavior Therapy Special Interest Group*, 1(1), 3-6.

## PRESENTATIONS

**National Conference Presentations** \* Denotes undergraduate co-author.

**Sockol, L. E.** (2020, April). *The call is coming from inside the house: A clinical psychologist's experiences with reproductive psycho-oncology*. Paper submitted for the annual meeting of the North American Society for Psychosocial Obstetrics & Gynecology, St. Louis, MO.

Redler, E. S.\* & **Sockol, L. E.** (2020, February). *Using 20+ years of conference participation to examine psychology's "leaky pipeline."* Presentation accepted for the annual convention of the Society for Personality & Social Psychology, New Orleans, LA.

**Sockol, L. E.** (Organizer), Bloom, E. L., Forgeard, M. J. C., Khazanov, G. K., & Levin, M. E. (2018, November). *You can pay someone to do that for you: Partnering with technology companies for behavioral research*. Panel presented at the annual meeting of the Association for Behavioral & Cognitive Therapies, Washington, DC.

Hormes, J. M. (Moderator), **Sockol, L. E.** (Moderator), Timko, C. A., & Wenze, S. J. (2017, November). *Using data to plug the "leaky pipeline:" Empirically-supported approaches for promoting gender equity in the academy*. Panel presented at the annual meeting of the Association for Behavioral & Cognitive Therapies, San Diego, CA.

**Sockol, L. E.** (2017, November). Using women's participation in ABCT to evaluate the representation of women in clinical psychology: Findings from annual meetings. In S. Gorrell (Chair), *Spotlight on the glass ceiling: A presentation of gender disparities with implications for the future of our field*. Symposium presented at the annual meeting of the Association for Behavioral & Cognitive Therapies, San Diego, CA.

**Sockol, L. E.** (Moderator), Chambless, D. L., Davila, J., Heimberg, R., McGinn, L., Wilhelm, S., & Zeiss, A. (2014, November). *Plugging the leaky pipeline: Mentoring women in clinical psychology*. Panel presented at the annual meeting of the Association for Behavioral & Cognitive Therapies, Philadelphia, PA.

**Sockol, L. E.**, Epperson, C. N., & Barber, J. P. (2014, April). *The relationship between maternal attitudes and symptoms of depression and anxiety among pregnant and postpartum first-time mothers*. Paper presented at the annual meeting of the North American Society for Psychosocial Obstetrics & Gynecology, Columbus, OH.

**National & International Conference Posters** \* Denotes undergraduate co-author.

Kopp, S. J.,\* **Sockol, L. E.**, & Multhaup, K. S. (2019, November). *Effects of age on flashbulb memories: A meta-analysis*. Poster accepted for the annual meeting of the Psychonomic Society, Montreal, Quebec, Canada.

Pallotto, I. K.,\* **Sockol, L. E.**, & Stutts, L. A. (2019, November). *I can't get no (body) satisfaction: Sociocultural pressures associated with disordered eating and body satisfaction in female athletes*. Poster submitted for the annual meeting of the Association for Behavioral & Cognitive Therapies, Atlanta, GA.

Redler, E. S.,\* Rojas, M.,\* Pallotto, I. K.,\* & **Sockol, L. E.** (2019, November). *Twenty years of women's representation at the annual meetings of the Association for Behavioral & Cognitive Therapies*. Poster accepted for the annual meeting of the Association for Behavioral & Cognitive Therapies, Atlanta, GA.

Stutts, L. A., Ellison, W. D., Knouse, L. E., **Sockol, L. E.**, & Richard, S. (2019, November). *Integrating blended learning modules to improve undergraduate clinical students' quantitative competence, statistics anxiety, and implicit theories of quantitative skills*. Poster accepted for the annual meeting of the Association for Behavioral & Cognitive Therapies, Atlanta, GA.

- Little, K. K.\* & **Sockol, L. E.** (2018, November). *Relationships among parental divorce, adult attachment, and relationship satisfaction in first-time parents*. Poster presented at the annual meeting of the Association for Behavioral & Cognitive Therapies, Washington, DC.
- Major, R.,\* **Sockol, L. E.**, González, M. M., & Good, J. J. (2018, November). *Social media exposure to body diversity reduces thin & muscular ideal internalization and body ideal dissatisfaction among college women*. Poster presented at the annual meeting of the Association for Behavioral & Cognitive Therapies, Washington, DC.
- Pallotto, I. K.\* & **Sockol, L. E.** (2018, November). *Gender differences in parental influences on disordered eating among college students*. Poster presented at the annual meeting of the Association for Behavioral & Cognitive Therapies, Washington, DC.
- Redler, E. S.\* & **Sockol, L. E.** (2018, November). *Using 25+ years of ABCT conference participation to examine psychology's "leaky pipeline."* Poster presented at the annual meeting of the Association for Behavioral & Cognitive Therapies, Washington, DC.
- Sockol, L. E.**, Redler, E. S.,\* Relova, J. G.,\* Pallotto, I. K.,\* & Rojas, M.\* (2018, November). *Women's representation in the 2017 annual meeting of the Association for Behavioral and Cognitive Therapies*. Poster presented at the annual meeting of the Association for Behavioral & Cognitive Therapies, Washington, DC.
- Sockol, L. E.**, Stutts, L. A., Ellison, W. D., Knouse, L. E., & Richard, S. (2018, November). *High statistics anxiety and low perceived quantitative competence among undergraduates in clinical psychology courses*. Poster presented at the annual meeting of the Association for Behavioral & Cognitive Therapies, Washington, DC.
- Sockol, L. E.** (2018, April). *A meta-analysis of interpersonal psychotherapy for perinatal psychopathology and related outcomes*. Poster presented at the annual meeting of the North American Society for Psychosocial Obstetrics & Gynecology, Philadelphia, PA.
- Little, K. K.\* & **Sockol, L. E.** (2017, November). *Gender differences in personality correlates of postpartum distress among first-time mothers and fathers*. Poster presented at the annual meeting of the Association for Behavioral & Cognitive Therapies, San Diego, CA.
- Little, K. K.\* & **Sockol, L. E.** (2017, November). *Gender differences in predictors of relationship satisfaction during the transition to parenthood*. Poster presented at the annual meeting of the Association for Behavioral & Cognitive Therapies, San Diego, CA.
- Sockol, L. E.**, Relova, J. G.,\* Redler, E. S.,\* & Thurston, W. A.\* (2017, November). *Women's representation in the 2016 50<sup>th</sup> anniversary meeting of the Association for Behavioral & Cognitive Therapies*. Poster presented at the annual meeting of the Association for Behavioral & Cognitive Therapies, San Diego, CA.
- Das, A.,\* Casimir, A.,\* Martin, B.,\* Glover, N.\* & **Sockol, L. E.** (2016, October). *Self-compassion and empathy: Differences and relationships across gender*. Poster presented at the annual meeting of the Association for Behavioral & Cognitive Therapies, New York, NY.

- Finch, E. F.\* & **Sockol, L. E.** (2016, October). *Demographic and psychiatric correlates of maternal attitudes in postpartum women*. Poster presented at the annual meeting of the Association for Behavioral & Cognitive Therapies, New York, NY.
- Sockol, L. E.** & Hallion, L. S. (2016, October). *Maternal attitudes and psychological adjustment during the early postpartum period*. Poster presented at the annual meeting of the Association for Behavioral & Cognitive Therapies, New York, NY.
- Sockol, L. E.**, Little, K. K.\*, & Relova, J. G.\* (2016, October). *Women's representation in the 2015 annual meeting of the Association for Behavioral and Cognitive Therapies*. Poster presented at the annual meeting of the Association for Behavioral & Cognitive Therapies, New York, NY.
- Sockol, L. E.** & Kaufman, C. C.\* (2016, April). *A systematic review of predictors of mother-infant bonding*. Poster presented at the annual meeting of the North American Society for Psychosocial Obstetrics & Gynecology, New York, NY.
- Hackett, R. D.\* & **Sockol, L. E.** (2015, November). *Women's participation in the 2014 annual meeting of the Association for Behavioral and Cognitive Therapies*. Poster presented at the annual meeting of the Association for Behavioral & Cognitive Therapies, Chicago, IL.
- Kaufman, C. C.\* & **Sockol, L. E.** (2015, November). *A systematic review of psychological predictors of mother-infant bonding*. Poster presented at the annual meeting of the Association for Behavioral & Cognitive Therapies, Chicago, IL.
- Sockol, L. E.** & Hackett, R. D.\* (2015, November). *The relationship between paternal attitudes and psychological symptoms among first-time fathers*. Poster presented at the annual meeting of the Association for Behavioral & Cognitive Therapies, Chicago, IL.
- Wyser, C. E.\*, West, K. R.\*, & **Sockol, L. E.** (2015, November). *Demographic correlates of impaired mother-infant bonding in a community sample of mothers of young infants*. Poster presented at the annual meeting of the Association for Behavioral & Cognitive Therapies, Chicago, IL.
- Audette, L. M.\* & **Sockol, L. E.** (2014, November). *Maladaptive coping, more than low social support, is associated with increased stress in female undergraduate students*. Poster presented at the annual meeting of the Association for Behavioral & Cognitive Therapies, Philadelphia, PA.
- Girouard, M.\* & **Sockol, L. E.** (2014, November). *Women's participation in the Association for Behavioral & Cognitive Therapies*. Poster presented at the annual meeting of the Association for Behavioral & Cognitive Therapies, Philadelphia, PA.
- Juster, J. F.\*, Szykowny, N. G.\*, Caffey, R. A.\*, & **Sockol, L. E.** (2014, November). *Predictors of employment-related anxiety among college seniors*. Poster presented at the annual meeting of the Association for Behavioral & Cognitive Therapies, Philadelphia, PA.

- Kaufman, C. C.,\* Mohr, A. J. H., & **Sockol, L. E.** (2014, November). *Depressive symptoms influence empathetic responses to subtle displays of distress*. Poster presented at the annual meeting of the Association for Behavioral & Cognitive Therapies, Philadelphia, PA.
- Kaufman, C. C.\* & **Sockol, L. E.** (2014, November). *Comparing risk factors and psychological symptoms between primiparous and multiparous mothers*. Poster presented at the annual meeting of the Association for Behavioral & Cognitive Therapies, Philadelphia, PA.
- Sockol, L. E.** (2013, November). *Prenatal risk factors for postpartum symptoms of depression and anxiety among first-time mothers*. Poster presented at the annual meeting of the Association for Behavioral & Cognitive Therapies, Nashville, TN.
- Sockol, L. E.**, Battle, C. L., Howard, M., & Davis, T. (2013, November). *Predictors of impaired mother-infant bonding in a partial hospitalization setting for perinatal women*. Poster presented at the annual meeting of the Association for Behavioral & Cognitive Therapies, Nashville, TN.
- Sockol, L. E.** (2013, May). *Use of online social media and traditional recruitment strategies for an internet-based study of pregnant and postpartum first-time mothers*. Poster presented at the annual meeting of the International Society for Research on Internet Interventions, Chicago, IL.
- Sockol, L. E.** (2012, November). *The role of maternal attitudes in the prediction of symptoms of depression and anxiety among first-time mothers*. Poster presented at the annual meeting of the Association for Behavioral & Cognitive Therapies, National Harbor, MD.
- Sockol, L. E.**, Epperson, C. N., Sammel, M. D., Lamprou, L. C., Schinstine, C. J., Kelly, C., & Kim, D. R. (2012, April). *Depression screening and adverse birth outcomes among low-income African-American women*. Poster presented at the annual meeting of the North American Society for Psychosocial Obstetrics & Gynecology, Providence, RI.
- Sockol, L.** (2011, November). *Cognitive-behavioral therapy for treating and preventing perinatal depression*. Poster presented at the annual meeting of the Association for Behavioral & Cognitive Therapies, Toronto, Ontario, Canada.
- Sockol, L.** & Barber, J. P. (2010, November). *The stability of general cognitive biases and attitudes towards motherhood from late pregnancy through six weeks postpartum*. Poster presented at the annual meeting of the Association for Behavioral & Cognitive Therapies, San Francisco, CA.
- Sockol, L.** & Barber, J. P. (2010, February). *Maternal attitudes, depressive symptoms, and parity during late pregnancy and the early postpartum*. Poster presented at the annual meeting of the North American Society for Psychosocial Obstetrics & Gynecology, Richmond, VA.
- Sockol, L.** & Barber, J. P. (2009, November). *The role of general and maternity-specific maladaptive cognitions in perinatal depression*. Poster presented at the annual meeting of the Association for Behavioral & Cognitive Therapies, New York, NY.

**Regional & Local Conference Posters** \* Denotes undergraduate co-author.

Redler, E. S.\* & **Sockol, L. E.** (2019, May). *Using 25+ years of conference participation to examine psychology's "leaky pipeline."* Poster presented at the Verna Miller Case Research and Creative Works Symposium, Davidson, NC.

Pallotto, I. K.\* & **Sockol, L. E.** (2018, September). *Gender differences in parental influences on disordered eating among college students.* Poster presented at the Davidson College Summer Research Symposium, Davidson, NC.

Little, K. K.\* & **Sockol, L. E.** (2018, May). *The relationships among parental divorce, adult attachment, and relationship satisfaction in first-time parents.* Poster presented at the Alenda Lux Symposium, Davidson, NC.

Little, K. K.\* & **Sockol, L. E.** (2017, September). *Gender differences in personality correlates of postpartum distress among first-time mothers and fathers.* Poster presented at the Davidson College Summer Research Symposium, Davidson, NC.

Robinson, E. N.\* & **Sockol, L. E.** (2017, September). *A literature review of the prevalence of eating disorders and sub-threshold symptoms among college students.* Poster presented at the Davidson College Summer Research Symposium, Davidson, NC.

Little, K. K.\* & **Sockol, L. E.** (2016, September). *A literature review of the relationship between parental divorce, adult attachment, and related outcomes.* Poster presented at the Davidson College Summer Research Symposium, Davidson, NC.

Mitchell, A. D.\* & **Sockol, L. E.** (2016, September). *A literature review of the prevalence of trauma exposure and post-traumatic distress disorder among college students.* Poster presented at the Davidson College Summer Research Symposium, Davidson, NC.

**Sockol, L. E.** (2013, April). *The relationship between prenatal maternal attitudes and symptoms of depression and anxiety at twelve weeks postpartum.* Poster presented at the Alpert Medical School of Brown University 16<sup>th</sup> Annual Research Symposium on Mental Health Sciences, Providence, RI.

**Sockol, L. E.,** Battle, C., & Howard, M. (2013, April). *Predictors of impaired mother-infant bonding in a partial hospitalization setting for perinatal women.* Poster presented at the Alpert Medical School of Brown University 16<sup>th</sup> Annual Research Symposium on Mental Health Sciences, Providence, RI.

**Sockol, L.** & Barber, J. P. (2009, May). *Predicting depressive symptoms during pregnancy: Integrating cognitive, coping and social perspectives.* Poster presented at the Center for Research on Reproduction and Women's Health Annual Retreat, Philadelphia, PA.



## RESEARCH GRANTS

### External Funding

- Associated Colleges of the South Faculty Grant 2018  
Blended Inclusion: Innovative Pedagogy in Clinical Psychology Research Methods and  
Statistics for Diverse Students (\$27,145)  
PI: Laura Sockol  
Co-Investigators: William Ellison, Laura Knouse, Sundi Richard & Lauren Stutts
- Associated Colleges of the South Faculty Grant Pre-Proposal 2017  
Inclusive Research Methods (\$2,000)  
PI: Laura Sockol  
Co-Investigators: William Ellison, Laura Knouse, Sundi Richard & Lauren Stutts
- American Psychological Association 2016  
Summer Undergraduate Research Opportunity Grant (\$13,800)  
PI: Jessica Good  
Co-Investigators: Kristi Multhaup, Greta Munger & Laura Sockol

### Internal Funding

- Davidson College Faculty Study & Research Grant 2019  
Modeling Dyadic Risk for Perinatal Distress (\$4,000)
- Davidson College Faculty Study & Research Grant 2018  
Gender Differences in Familial Risk Factors for Disordered Eating (\$4,000)
- Davidson College Faculty Study & Research Grant 2017  
Internet- and Lab-Based Studies of Couples' Transition to Parenthood (\$4,000)
- Davidson College Faculty Study & Research Grant 2016  
Parental Attitudes Within Couples (\$4,000)
- Williams College Divisional Research Funding Committee Grant 2015  
Maternal Attitudes and Mother-Infant Bonding (\$840)
- Williams College Divisional Research Funding Committee Grant 2014  
Gender Differences in Employment-Related Anxiety Among College Seniors (\$550)
- Williams College Divisional Research Funding Committee Grant 2013 - 2014  
Attitudes Towards Parenting (\$1,000)
- Brown Clinical Psychology Internship Research Grant Program 2012 - 2013  
The Role of Maternal Attitudes in the Prediction of Symptoms of Depression and Anxiety  
Among Pregnant and Postpartum Mothers (\$2,400)

Psychology Graduate Fund Award The Development, Treatment and Prevention of Perinatal Mood and Anxiety Disorders (\$400)	2011
University of Pennsylvania Dissertation Research Fellowship Cognitive Vulnerability to Perinatal Depression and Anxiety (\$6,500)	2011
Psychology Graduate Fund Award Women's Expectations and Beliefs Regarding Motherhood (\$1,000)	2009
Psychology Graduate Fund Award Predicting Depressive Symptoms During Pregnancy: Integrating Cognitive, Coping and Social Perspectives (\$600)	2008
<b>External Funding Proposals (Unfunded)</b>	
American Psychological Association Summer Undergraduate Psychology Research Experience Grant PI: Laura Sockol Co-Investigators: Jessica Good & Kristi Multhaup	2018
Perinatal Mental Health Society Early Career Award A Meta-Analysis of Interpersonal Psychotherapy for Perinatal Psychopathology and Related Outcomes	2017
American Psychological Association Summer Undergraduate Psychology Research Experience Grant PI: Laura Sockol Co-Investigators: Jessica Good, Kristi Multhaup & Greta Munger	2017
National Institutes of Health Loan Repayment Program Mechanisms of Risk, Treatment, and Consequences of Perinatal Psychopathology	2015

#### **HONORS AND AWARDS**

ABCT Women's SIG Early Career Investigator Award	2014
ABCT Women's SIG Student Poster Award With Student Caroline C. Kaufman	2014
NASPOG Steiner Young Investigator Award	2014
ABCT Women's SIG Student Poster Award	2013
ABCT Women's SIG Student Poster Award	2012
Critical Writing Teaching Fellowship	2011 - 2012

Benjamin Franklin Fellowship 2007 - 2011

Beinecke Scholarship 2007 - 2012

## COLLOQUIA & INVITED TALKS

### External

*Research in perinatal mental health.* (Forthcoming: 2020, February 7). Clinical Area Speaker Series, University of Virginia Psychology Department. Charlottesville, VA.

*Introductory Remarks & Discussion for Film Screening of "Elle."* (2018, May 12). Davidson Film Club. Davidson, NC.

*Involving students in research: Increasing diversity.* (2017, November 18). Annual business meeting of the Clinical Psychologists at Liberal Arts Colleges Special Interest Group. San Diego, CA.

*Maternal attitudes as a specific risk factor for perinatal depression and anxiety.* (2012, December 31). Women & Infants Hospital of Rhode Island, Postpartum Day Hospital Case Conference. Providence, RI.

*Meta-analyses of the treatment and prevention of postpartum depression.* (2012, February 23). Penn Center for Women's Behavioral Wellness, Research Rounds. Philadelphia, PA.

*Sex, gender & psychopathology.* (2011, October 26). Penn Center for Women's Behavioral Wellness, Community Rounds. Philadelphia, PA.

### Davidson College

*Interdisciplinary student-faculty collaborative research: Characteristics and consequences of the representation of female participants and authors in virtual reality research.* (2019, September 26). 30 for PSY: Psychology Speaker Series. Davidson, NC.

*Mind the gap: The underrepresentation of female participants & authors in virtual reality research.* (2019, September 5). Social Science Junior Faculty Brown Bag Series. Davidson, NC.

*The effects of "trigger warnings" on college students' responses to media depictions of traumatic events.* (2017, April 28). Social Science Junior Faculty Brown Bag Series. Davidson, NC.

*Thinking differently about motherhood.* (2016, February 20). Davidson College Women's Leadership Conference. Davidson, NC.

### Williams College

*Faculty discussion panel, Wong Flew Over the Cuckoo's Nest.* (2013, October 9). Williams College Neighborhood Leadership Team & Asian American Students in Action. Williamstown, MA.

## MENTORED STUDENT RESEARCH

### External Doctoral Thesis Examiner

Monash University, Melbourne, Australia  
Irena Bobevski 2017 - 2018  
*Demoralisation as a novel construct for postnatal mental health.*

### Mentored Student Research (Davidson College)

Honors Thesis Mentor  
Kathleen Little 2017 - 2018

Independent Study Mentor  
Miriam Donner Fall 2017

### Honors Thesis Committee Member

Sarah Kopp 2018 - 2019  
Isabella Pallotto 2018 - 2019  
Katherine Maultsby 2017 - 2018  
Anna Catherine McCrary 2017 - 2018  
Laurel Sheffield 2017 - 2018  
Eirini Souroulidi 2017  
Erica Clancy 2016 - 2017  
Mary Frith 2016 - 2017  
Allison Hancock 2016 - 2017  
Michael Zhang 2016 - 2017  
Egyn Zhu 2016 - 2017  
Brigid Behrens 2015 - 2016  
Akanksha Das 2015 - 2016

### Research Assistants

Rebecca Helfant 2019 - Present  
Emily Redler 2016 - Present  
Maria Rojas 2017 - Present  
Mimi Webb 2019 - Present  
Isabella Pallotto 2017 - 2019  
Katie Little 2016 - 2018  
Julia Relova 2016 - 2018  
Will Thurston 2016 - 2018  
Alex Casper 2016 - 2017  
Monica Pradel 2016 - 2017  
Nahomie Exantus 2017  
Erica Robinson (North Carolina A&T State University) Summer 2017  
Alexis Mitchell (University of North Carolina at Charlotte) Summer 2016  
Shakuan Smith 2016  
Susanna Vogel 2016

## **Mentored Student Research (Williams College)**

Honors Thesis Mentor Caroline Kaufman	2014 - 2015
Honors Thesis Committee Member Minica Long	2014 - 2015
Research Assistants	
Keiana West	Summer 2015
Charley Wyser	Summer 2015
Robin Hackett	2014 - 2015
Caroline Kaufman	2013 - 2015
Ellen Finch	2015
Lillian Audette	Summer 2014
Mariah Girouard (Smith College)	Summer 2014
Rachel Caffey	2014
Julia Juster	2014
Natalie Szykowny	2014
Caitlin Bird	2013 - 2014

## **Mentored Student Research Grants**

### Davidson Research Initiative Fellowship

Isabella Pallotto Risk Factors for Disordered Eating in Undergraduate Athletes (\$5,800)	Summer 2018
Emily Redler Using Historical Data to Examine Women's Representation and the 'Leaky Pipeline' in Clinical Psychology (\$5,800)	Summer 2018
Will Thurston Investigating Data Quality Improvement Methods in Internet Self-Report Measures (\$5,800; Declined)	Summer 2018
Katie Little The Relationship Between Parental Divorce, Adult Attachment, and Marital Satisfaction in First-Time Parents (\$5,800)	Summer 2017

### George L. Abernethy Endowment Research Grant

Miriam Donner Explaining Gender Differences in the Relationship Between Parental Influence and Eating Outcomes in Undergraduates (\$500)	Fall 2017
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Katie Little	Fall 2017
Parental Divorce, Adult Attachment, and Relationship Satisfaction (\$500)	
Miriam Donner	Summer 2017
Explaining Gender Differences in the Relationship Between Parental Influence and Eating Outcomes in Undergraduates (\$4,000; Declined)	
Will Thurston	Summer 2017
Determining the Effects of Trigger Warnings in Academic Situations (\$4,000)	
Sana Alimohamed	Summer 2016
Influence of Co-parent Attitudes on Parental Depression & Anxiety (\$4,000; Declined)	

### **INSTITUTIONAL & PROFESSIONAL SERVICE**

#### **Davidson College**

Academic Advising Committee	2018 - Present
Library of the Future Task Force	2018 - Present
Social Science Brown Bag Series for Junior Faculty (Coordinator)	2017 - 2018, 2019 - Present
Library Committee	2016 - 2019
Professional Idea Exchange (Faculty Professional Development Group; Coordinator)	2016 - 2018

#### **Davidson College: Department of Psychology**

Davidson College-Broughton Hospital Summer Study Program (Program Coordinator)	2015 - Present
Kelton Essay Award (Coordinator)	2016 - Present
Southern Association of Colleges & Schools Accreditation Committee	2017 - Present

#### **Davidson College: Student Advising**

Holistic (Pre-Major) Advising 10 students	2016 - 2018
Holistic First-Year Advising Summer advisor for incoming class of first-year students (528 students).	Summer 2019
Psychology Major Advising 7 students	2016 - 2017
13 students	2017 - 2018
20 students	2018 - 2019
14 students	2019 - 2020

## **Williams College**

Summer Research Assistant Brown Bag Lunch Series (Coordinator) Department of Psychology	Summer 2014
Graduate School Information Session (Panelist) Mellon Mays Undergraduate Fellows & Allison Davis Fellows	Summer 2014
First Generation Student Advising FirstGen Student Initiatives	Spring 2014

## **Alpert Medical School of Brown University**

Admissions Committee Representative Adult Track	2012 - 2013
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## **PROFESSIONAL AFFILIATIONS**

Association for Behavioral & Cognitive Therapies (ABCT) Program Committee (Appointed)	2009 - Present 2016 - Present
ABCT Clinical Psychology at Liberal Arts Colleges Special Interest Group Poster Review Committee (Appointed) Secretary (Elected)	2012 - Present 2014 - Present 2015 - 2017
ABCT Women's Issues in Behavior Therapy Special Interest Group Award Committee Chair (Elected) Award Committee (Appointed) Student Representative (Elected)	2009 - Present 2017 - 2019 2013 - 2014 2011 - 2013
International Marcé Society for Perinatal Mental Health	2010 - Present
Marcé of North America (formerly: Perinatal Mental Health Society)	2017 - Present
North American Society for Psychosocial Obstetrics & Gynecology	2010 - Present

### **Ad-hoc reviewer:**

*Acta Paediatrica*  
*Acta Psychiatrica Scandinavica*  
*Archives of Women's Mental Health*  
*BMC Pregnancy & Childbirth*  
*BMC Psychology*  
*Clinical Psychological Science*  
*Clinical Psychology Review*  
*Depression and Anxiety*  
*Family Process*  
*JAMA Psychiatry*  
*Journal of Affective Disorders*

*Journal of Child & Family Studies*  
*Journal of Clinical Psychiatry*  
*Journal of Clinical Psychology*  
*Journal of Clinical Psychopharmacology*  
*Journal of Consulting & Clinical Psychology*  
*Journal of Positive Psychology*  
*Journal of Psychosomatic Obstetrics & Gynecology*  
*Leisure Sciences*  
*PLoS ONE*  
*Psychological Medicine*  
*Psychology of Men & Masculinity*  
*Psychotherapy Research*  
*Scientific Reports*  
*Sexual & Reproductive Healthcare*  
*Substance Use & Misuse*

## PROFESSIONAL DEVELOPMENT

### **Inclusive Pedagogy**

FIRST (Fostering Inclusivity & Respect in Science Together) Action Team Davidson College	2018 - Present
Inclusive Pedagogical Practices Workshop (3-day) Davidson College Center for Teaching & Learning	May 2018
Safe Space (LGBTQ Ally) Training Davidson College	Fall 2015
Teaching in the Diverse Classroom Williams College	Spring 2014, Fall 2014

### **Pedagogy (General)**

Associated Colleges of the South Teaching Workshop	Summer 2016
Blended Learning in the Liberal Arts Conference	Summer 2018
Elon University Teaching & Learning Conference	Summers 2016, 2017
Advances in Science Education Series Williams College	2013 - 2015
Teachers' Roundtable: Lab Courses in the Natural & Social Sciences Williams College	Spring 2015



Center for Teaching & Learning Teaching Certificate Program University of Pennsylvania	2008 - 2012
Center for Teaching & Learning New Instructor Training University of Pennsylvania, School of Arts & Sciences	Summer 2009
Center for Teaching & Learning Teaching Assistant Training University of Pennsylvania, School of Arts & Sciences	Summer 2008
Secondary Education Certification Program Bryn Mawr College Subject Areas: English & Social Sciences (Anthropology, Psychology & Sociology)	2003 - 2007
<b>Advanced Statistical Training</b>	
Foundations of Structural Equation Modeling Stats Camp, 5-day workshop Instructor: Todd Little	Summer 2019
Mediation, Moderation & Conditional Process Analysis Statistical Horizons, 5-day workshop Instructor: Andrew Hayes	Summer 2018
Multilevel Modeling Stats Camp, 5-day workshop Instructor: Audrey LeRoux	Summer 2017
Linear Regression Statistical Horizons, 3-day workshop Instructor: Paul Allison	Summer 2015
<b>Other</b>	
Digital Domains Learning Community Davidson College	2015 - 2016
Faculty Writing Group: First-Year Faculty Davidson College	2015 - 2016
Research Roundtable: Collaborating with Student Co-Authors Williams College	Fall 2014

### ADDITIONAL TEACHING EXPERIENCE

#### Davidson College July Experience: Faculty

In Pursuit of Happiness: The New Science of Positive Psychology	Summer 2019
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### **University of Pennsylvania: Teaching Assistant**

Abnormal Psychology Instructor: Elizabeth Krause, Ph.D.	Spring 2011
Developmental Psychology Instructor: Jessica Hafetz, Ph.D.	Fall 2010
Positive Psychology Instructor: Angela Duckworth, Ph.D.	Spring 2010
Introduction to Experimental Psychology Instructor: Rahan Ali, Ph.D. Instructor: Paul Rozin, Ph.D.	Spring 2009 Fall 2008, Fall 2009

### **University of Pennsylvania Center for Teaching & Learning: Peer Mentor & Instructor**

Psychology Instructor Mentor	Summer 2010, 2011
Teaching Assistant Trainer	Summer 2009, 2010

### **Bryn Mawr College: Student Teacher**

Harrilton High School <i>Courses:</i> Psychology (Elective); Honors English 12	2006 - 2007
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## **CLINICAL EXPERIENCE**

### **Assessment**

Depression Research Unit Supervisor: Robert DeRubeis, Ph.D.	Spring 2011
Adult Assessment Clinic Supervisor: Melissa Hunt, Ph.D.	2008 - 2009
Child Assessment Clinic Supervisor: Martha Benoff, Ph.D.	Spring 2009

### **Intervention**

Project LINK Supervisor: Lynn Hess, Ph.D.	2012 - 2013
Alcohol & Drug Partial Hospital Program of Butler Hospital Supervisor: Ana Abrantes, Ph.D.	March 2013 - June 2013

Women & Infant's Postpartum Depression Day Hospital Supervisor: Margaret Howard, Ph.D.	November 2012 - February 2013
Rhode Island Hospital Mood Disorders Program Supervisors: Gabor Keitner, M.D., Abigail Mansfield-Marcaccio, Ph.D., Jeff Wincze, Ph.D.	July - October 2012
Penn Center for Women's Behavioral Wellness Supervisors: C. Neill Epperson, M.D., Lindsay Sortor, Psy.D.	2011 - 2012
The Coché Center Supervisor: Judith Coché, Ph.D.	2011 - 2012
Cognitive Therapy Training Clinic Supervisor: Robert DeRubeis, Ph.D.	2010 - 2011
Anxiety & Agoraphobia Treatment Center Supervisors: Alan Goldstein, Ph.D., Jodi Rosenfeld, Psy.D., Linda Welsh, Ed.D.	2009 - 2010
Anxiety & OCD Treatment Center of Philadelphia Supervisor: Jonathan Grayson, Ph.D.	2009 - 2010